

Information for participants

Invitation to participate

Dear participant,

This is a study conducted by Margarida Baltazar at the University of Jyväskylä. The name of the study is *gramu: Granular emotions in music listening and everyday life*, and it explores how our emotional experiences are shaped by music listening.

The study aims to look at different situations (both musical and non-musical) and identify what factors influence the most how we feel and how we label our emotions.

I invite you to participate because you are an active music listener, you use your phone to listen to music in your daily life, and you are interested in contributing to science and knowing more about your listening habits.

Participants based in Finland will be invited for a follow-up study to take place in at the University of Jyväskylä. Those will be contacted again when the second study is conducted.

Voluntariness and participant rights

Participating in this study is completely voluntary. You can refuse to participate in this study, withdraw your consent or cancel your participation. For that, just stop answering questions in this app and uninstall MuPsych. You do not have to tell me why you do not want to participate.

You can ask me anything about this study before, during, or after taking part. You access the data you have given me and have it rectified if you have given your email address and this has not been deleted. Otherwise, there is no way of identifying your data.

If you decide to stop participating in the study or withdraw your consent, any personal data or other information collected to that point may still be used in the research if needed to ensure reliable results.

If you have any questions about your rights, please contact the university's data protection officer tietosuoja@jyu.fi, tel. +358 40 805 3297. If necessary, you can also file a complaint regarding the processing of your personal data.

Information about the study

This study takes place within the app MuPsych. In order to better understand music listening in daily life, we need information about 1) you as a listener, 2) when, where, and how you listen to music and its effects on your emotions, and 3) about non-musical situations to be able to compare.

For these purposes, we will ask you to fill up surveys, questions will pop up on your phone when you start listening to music, and sometimes also when you are not listening to music. All these happen through your phone, and no contact with the researchers is needed.

The study has the duration of two weeks. To be eligible for the reward draw, you need to answer to one daily musical report and one daily non-musical report at least 70% of the days.

The questions that pop up automatically should be answered in that moment to be considered valid. The surveys can be accessed and fill out whenever you have the time.

Possible benefits from the study

Once you have completed 10 sets of music questions, you can access your music listening diary, where you can track your music listening experiences and see how they have changed your emotions, how suitable the music was, and how successful you were. Some people may find this information useful to learning more about themselves.

Possible risks, harm, and inconvenience caused by the study

No disadvantages of taking part in this study are foreseeable.

If you feel the app is presenting questions too often, you can change the frequency in the settings.

If using MuPsych causes you distress or any kind of emotional harm, please end your participation and uninstall the app.

Insurance coverage for research participants

The insurance of the University of Jyväskylä covers only damage directly related to the research task which has occurred during the guided research task, and only for those participants that can be directly identified from the data. The insurance does not cover accidents that occur during breaks. The insurance of the University of Jyväskylä is not valid in the case of research conducted remotely if a participant's municipality of residence is not in Finland.

Rewards

Besides gaining access to the music listening diary, by taking part in the study you can win a Finnkino Premium digital ticket. One in every four participants will win a Finnkino Premium ticket, until all the available tickets have been handed out (30 in total).

Receiving this reward means that you will receive taxable income, which the payer reports to the income register maintained by the tax administration. **You can refuse the reward.**

Additional information about taxation <https://www.vero.fi/henkiloasiakkaat/verokortti-ja-veroilmoitus/tulot/ansiotulot/gallupit-kyselyt-ja-tutkimukset/>

Funding of the study

The research is partly funded by the Research Council of Finland, the Finnish Cultural Foundation, and the European Council of Research. The funders have not been involved in the design of the study, nor do they have any influence over data collection and analysis, publication decisions, or manuscript preparation.

Conflicts of interest

The study and the researchers have no conflicts of interest that could affect the study's independence.

Research results and research outcomes

The results of this study will be released in scientific publications to share new information with fellow researchers and scientists. The results can also be discussed in presentations and in teaching. Research participants cannot be identified from publications or published results.

Personal data

In this study, I will collect the following types of personal data: age, gender, education level, nationality, survey answers, and daily reports. MuPsych also collects data about the music playing at the time when you answer the daily questions (song's title, artist, album). If you log in to Spotify in MuPsych, we also collect data regarding your music listening profile (most played artists and songs). If you want to take part of the reward draw or give permission to future contact, we collect your email address. After the draw has been completed, email addresses are stored separately from the rest of the data.

I will process all data in a confidential and anonymous manner. I have completed the university's data protection and information security training. In addition, I comply with the university's guidelines.

Your data will not be transferred outside the EU/EEA. Completely anonymised data might be transferred to collaborators outside of Finland, within the EU/EEA.

Besides me, Margarida Baltazar, only members of our research team can process your data.

For more information on how personal data is collected, processed and stored, see the privacy notice in music-listening.com

The use of research data after the study is finished

After the study is finished, the research data will be anonymised, which means that any information enabling personal identification is deleted.

After the study, my colleagues and I will keep the fully anonymised data set (ie. without personal data). Part of the dataset will be made available to other researchers in an open repository (such as Open Science Framework, osf.io).

Contact person for further information

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